

How to use this timetable

- Use the map to find the stops closest to where you will get on and off the bus.
- Select the schedule (Weekday, Saturday, Sunday) for when you will travel. Along the top of the schedule, find the stop at or nearest the point where you will get on the bus. Follow that column down to the time you want to leave.
- Use the same method to find the times the bus is scheduled to arrive at the stop where you will get off the bus.
- If the bus stop is not listed, use the time shown for the bus stop before it as the time to wait at the stop.
- The end-of-the-line or last stop is listed in ALL CAPS on the schedule.

Cómo Usar este Horario

- Use este mapa para localizar las paradas más cercanas a donde se subirá y bajará del autobús.
- Seleccione el horario (Entre semana, sábado, domingo) de cuando viajará. A lo largo de la parte superior del horario, localice la parada o el punto más cercano a la parada en la que se subirá al autobús. Siga esa columna hacia abajo hasta la hora en la que desee salir.
- Utilice el mismo método para localizar las horas en que el autobús está programado para llegar a la parada en donde desea bajarse del autobús.
- Si la parada del autobús no está listada use la hora que se muestra en la parada anterior como la hora de espera en la parada.
- El final de la ruta o la última parada del autobús aparece en letras MAYÚSCULAS en el horario.

English-Español

Effective 5-29-22

V14

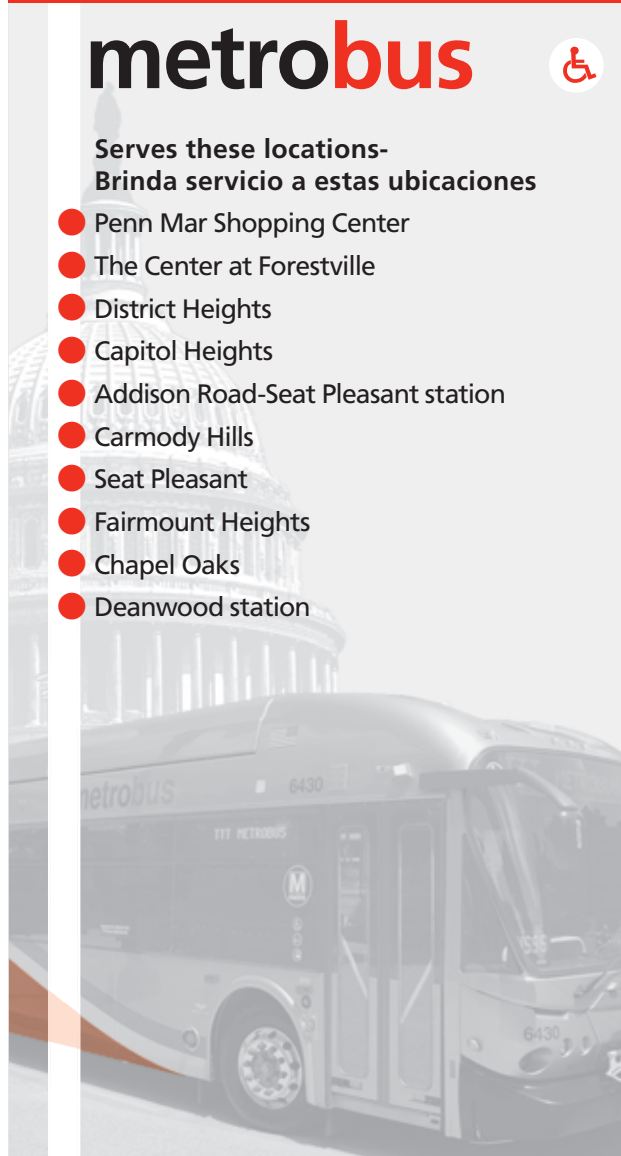
District Heights-Seat Pleasant Line

metrobus



**Serves these locations-
Brinda servicio a estas ubicaciones**

- Penn Mar Shopping Center
- The Center at Forestville
- District Heights
- Capitol Heights
- Addison Road-Seat Pleasant station
- Carmody Hills
- Seat Pleasant
- Fairmount Heights
- Chapel Oaks
- Deanwood station



www.wmata.com

Information Anytime 202-637-7000 TTY 202-962-2033



**Washington
Metropolitan Area
Transit Authority**

*A District of Columbia,
Maryland and Virginia
Transit Partnership*

V14

District Heights-
Seat Pleasant Line

Effective Sunday, May 29, 2022
A partir del domingo, 29 de mayo de 2022

V14 District Heights-Seat Pleasant Line

For route and schedule information
Call 202-637-7000
www.wmata.com



Guaranteed Ride Home
When you take Metrobus or Metrorail to work, you are eligible to participate in the free Commuter Connection Guaranteed Ride Home Program. The program will get you home in the event of a personal emergency or unscheduled overtime. To register and to receive program details, call Commuter Connection at 1-800-745-RIDE.

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District Heights-
Seat Pleasant Line

Effective Sunday, May 29, 2022
A partir del domingo, 29 de mayo de 2022

▶ Northbound To Deanwood station

Monday thru Friday — Lunes a viernes

Route Number	Penn Mar Shopping Center (#3312)	Atwood St. & Alpine St. (E) (District Heights)	Brooke Rd. & Rollins Ave.	ADDISON ROAD-Seat Pleasant 	Seat Pleasant Dr. & Hill Rd.	Seat Pleasant Dr. & 69th Pl.	DEANWOOD 
AM Service — Servicio matutino							
V14	5:20	5:29	5:33	5:40	5:46	5:50	5:58
V14	5:42	5:51	5:55	6:02	6:08	6:12	6:20
V14	6:02	6:11	6:16	6:23	6:30	6:34	6:43
V14	6:18	6:27	6:32	6:39	6:46	6:50	6:59
V14	6:40	6:49	6:54	7:01	7:08	7:12	7:21
V14	7:00	7:09	7:14	7:21	7:28	7:32	7:41
V14	7:18	7:27	7:32	7:39	7:46	7:50	7:59
V14	7:40	7:49	7:54	8:01	8:08	8:12	8:21
V14	8:00	8:09	8:14	8:21	8:28	8:32	8:41
V14	8:20	8:28	8:33	8:40	8:47	8:52	8:59
V14	8:45	8:53	8:58	9:05	9:12	9:17	9:24
V14/	9:17	9:25	9:30	9:37	-	-	-
V14	9:45	9:53	9:58	10:05	10:12	10:17	10:24
V14	10:45	10:53	10:58	11:05	11:12	11:17	11:24
V14	11:45	11:54	12:00	12:07	12:14	12:18	12:26
PM Service — Servicio vespertino							
V14	12:45	12:54	1:00	1:07	1:14	1:18	1:26
V14	1:45	1:54	2:00	2:07	2:14	2:18	2:26
V14	2:45	2:54	3:00	3:07	3:14	3:18	3:26
V14	3:45	3:54	4:00	4:07	4:14	4:18	4:26
V14	4:10	4:19	4:24	4:33	4:41	4:45	4:54
V14	4:30	4:39	4:44	4:53	5:01	5:05	5:14
V14	4:55	5:04	5:09	5:18	5:26	5:30	5:39
V14	5:20	5:29	5:34	5:43	5:51	5:55	6:04
V14	5:40	5:49	5:54	6:03	6:11	6:15	6:24
V14	6:00	6:09	6:14	6:23	6:31	6:35	6:44
V14	6:25	6:34	6:39	6:48	6:56	7:00	7:09
V14	6:50	6:59	7:05	7:12	7:18	7:22	7:30
V14	7:25	7:34	7:40	7:47	7:53	7:57	8:05
V14	8:25	8:34	8:40	8:47	8:53	8:57	9:05
V14	9:20	9:29	9:35	9:42	9:48	9:52	10:00
V14/	10:00	10:09	10:15	10:22	-	-	-

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District Heights-
Seat Pleasant Line

Effective Sunday, May 29, 2022
A partir del domingo, 29 de mayo de 2022

► **Southbound To Penn Mar Shopping Center**
Monday thru Friday — Lunes a viernes

Route Number	Dean-wood M	Seat Pleasant Dr. & 69th PL.	Seat Pleasant Dr. & Hill Rd.	ADDISON ROAD-Seat Pleasant M	Brooke Rd. & Rollins Ave.	Atwood St. & Addison Rd. S (District Heights)	PENN MAR Shopping Center (#3312)
AM Service — Servicio matutino							
V14	5:15	5:23	5:27	5:35	5:44	5:49	5:57
V14	6:15	6:23	6:27	6:35	6:44	6:49	6:57
V14	6:50	6:58	7:02	7:10	7:19	7:24	7:32
V14	7:10	7:18	7:22	7:30	7:39	7:44	7:52
V14	7:30	7:38	7:42	7:50	7:59	8:04	8:12
V14	7:50	7:59	8:03	8:10	8:20	8:24	8:32
V14	8:10	8:19	8:23	8:30	8:40	8:44	8:52
V14	8:30	8:39	8:43	8:50	9:00	9:04	9:12
V14	8:50	8:59	9:03	9:10	9:20	9:24	9:32
V14	9:10	9:19	9:23	9:30	9:40	9:44	9:52
V14	9:55	10:04	10:08	10:15	10:25	10:29	10:37
V14	10:55	11:04	11:08	11:15	11:25	11:29	11:37
V14	11:55	12:04	12:08	12:15	12:25	12:29	12:37
PM Service — Servicio vespertino							
V14	12:55	1:04	1:08	1:15	1:25	1:29	1:37
V14	1:55	2:04	2:08	2:15	2:25	2:29	2:37
V14	2:55	3:04	3:08	3:15	3:25	3:29	3:37
V14/	3:25	3:35	3:40	3:48	-	-	-
V14	3:55	4:05	4:10	4:18	4:29	4:34	4:44
V14	4:20	4:32	4:37	4:46	4:57	5:02	5:12
V14	4:40	4:52	4:57	5:06	5:17	5:22	5:32
V14	5:00	5:12	5:17	5:26	5:37	5:42	5:52
V14	5:25	5:37	5:42	5:51	6:02	6:07	6:17
V14	5:50	6:02	6:07	6:16	6:27	6:32	6:42
V14	6:20	6:32	6:37	6:46	6:57	7:02	7:12
V14	6:55	7:03	7:06	7:15	7:25	7:30	7:37
V14	7:18	7:26	7:29	7:38	7:48	7:53	8:00
V14	8:13	8:21	8:24	8:33	8:43	8:48	8:55
V14/	9:15	9:23	9:26	9:33	-	-	-
V14/	10:06	10:14	10:17	10:24	-	-	-



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District Heights-
Seat Pleasant Line

Effective Sunday, May 29, 2022
A partir del domingo, 29 de mayo de 2022

▶ Northbound To Deanwood station

Saturday — Sábados



Route Number	Penn Mar Shopping Center (#3312)	Atwood St. & Alpine St. (E) (District Heights)	Brooke Rd. & Rollins Ave.	ADDISON ROAD-Seat Pleasant 	Seat Pleasant Dr. & Hill Rd.	Seat Pleasant Dr. & 69th Pl.	DEANWOOD 
AM Service — Servicio matutino							
V14	6:05	6:12	6:18	6:22	6:27	6:31	6:38
V14	7:05	7:12	7:18	7:22	7:27	7:31	7:38
V14	8:05	8:12	8:18	8:22	8:27	8:31	8:38
V14	9:05	9:12	9:18	9:22	9:27	9:31	9:38
V14	10:00	10:09	10:15	10:21	10:28	10:32	10:39
V14	11:00	11:09	11:15	11:21	11:28	11:32	11:39
PM Service — Servicio vespertino							
V14	12:00	12:09	12:15	12:21	12:28	12:32	12:39
V14	1:00	1:09	1:15	1:21	1:28	1:32	1:39
V14	2:00	2:09	2:15	2:21	2:28	2:32	2:39
V14	3:00	3:09	3:15	3:21	3:28	3:32	3:39
V14	4:00	4:08	4:14	4:22	4:27	4:31	4:38
V14	5:00	5:08	5:14	5:22	5:27	5:31	5:38
V14	6:00	6:08	6:14	6:22	6:27	6:31	6:38
V14	7:00	7:08	7:14	7:22	7:27	7:31	7:38
V14	8:00	8:08	8:14	8:22	8:27	8:31	8:38
V14	9:00	9:08	9:14	9:22	9:27	9:31	9:38
V14/	10:00	10:08	10:14	10:22	-	-	-

On five Federal holidays, Juneteenth, Columbus Day, Veterans' Day, Martin Luther King, Jr. Day, and Presidents' Day, the Saturday schedule will be in effect.

Metrobus proveerá servicio con horario de sábado durante los cinco días festivos de Juneteenth, Columbus Day, Veterans Day, Martin Luther King Jr. Day, y Presidents' Day.

▶ Southbound To Penn Mar Shopping Center

Saturday — Sábados

Route Number	Deanwood 	Seat Pleasant Dr. & 69th Pl.	Seat Pleasant Dr. & Hill Rd.	ADDISON ROAD-Seat Pleasant 	Brooke Rd. & Rollins Ave.	Atwood St. & Addison Rd. S (District Heights)	PENN MAR Shopping Center (#3312)
AM Service — Servicio matutino							
V14	6:05	6:13	6:16	6:22	6:29	6:35	6:40
V14	7:05	7:13	7:16	7:22	7:29	7:35	7:40
V14	8:05	8:13	8:16	8:22	8:29	8:35	8:40
V14	9:05	9:14	9:17	9:24	9:32	9:38	9:46
V14	10:05	10:14	10:17	10:24	10:32	10:38	10:46
V14	11:05	11:14	11:17	11:24	11:32	11:38	11:46
PM Service — Servicio vespertino							
V14	12:05	12:14	12:17	12:24	12:32	12:38	12:46
V14	1:05	1:14	1:17	1:24	1:32	1:38	1:46
V14	2:05	2:14	2:17	2:24	2:32	2:38	2:46
V14	3:05	3:14	3:17	3:24	3:32	3:38	3:46
V14	4:05	4:14	4:17	4:24	4:32	4:38	4:46
V14	5:05	5:14	5:17	5:24	5:32	5:38	5:46
V14	6:05	6:14	6:17	6:23	6:30	6:36	6:44
V14	7:05	7:14	7:17	7:23	7:30	7:36	7:44
V14	8:05	8:14	8:17	8:23	8:30	8:36	8:44
V14/	9:05	9:14	9:17	9:23	-	-	-
V14/	10:05	10:14	10:17	10:23	-	-	-

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▶ Northbound To Deanwood station

Sunday — Domingos

Route Number	Penn Mar Shopping Center (#3312)	Atwood St. & Alpine St. (E) (District Heights)	Brooke Rd. & Rollins Ave.	ADDISON ROAD-Seat Pleasant 	Seat Pleasant Dr. & Hill Rd.	Seat Pleasant Dr. & 69th Pl.	DEANWOOD 
AM Service — Servicio matutino							
V14	7:05	7:12	7:17	7:24	7:32	7:33	7:43
V14	8:05	8:12	8:17	8:24	8:32	8:33	8:43
V14	9:05	9:12	9:17	9:24	9:32	9:33	9:43
V14	10:00	10:07	10:12	10:19	10:27	10:28	10:38
V14	11:00	11:10	11:15	11:21	11:29	11:32	11:41
PM Service — Servicio vespertino							
V14	12:00	12:10	12:15	12:21	12:29	12:32	12:41
V14	1:00	1:10	1:15	1:21	1:29	1:32	1:41
V14	2:00	2:10	2:15	2:21	2:29	2:32	2:41
V14	3:00	3:10	3:15	3:21	3:29	3:32	3:41
V14	4:00	4:10	4:15	4:21	4:29	4:32	4:41
V14	5:00	5:10	5:15	5:23	5:31	5:33	5:41
V14	6:00	6:10	6:15	6:23	6:31	6:33	6:41
V14	7:00	7:10	7:15	7:23	7:31	7:33	7:41
V14	8:00	8:10	8:15	8:23	8:31	8:33	8:41

▶ Southbound To Penn Mar Shopping Center

Sunday — Domingos

Route Number	Deanwood 	Seat Pleasant Dr. & 69th Pl.	Seat Pleasant Dr. & Hill Rd.	ADDISON ROAD-Seat Pleasant 	Brooke Rd. & Rollins Ave.	Atwood St. & Addison Rd. S (District Heights)	PENN MAR Shopping Center (#3312)
AM Service — Servicio matutino							
V14	7:05	7:16	7:18	7:24	7:35	7:41	7:51
V14	8:05	8:16	8:18	8:24	8:35	8:41	8:51
V14	9:05	9:15	9:18	9:26	9:35	9:43	9:52
V14	10:05	10:15	10:18	10:26	10:35	10:43	10:52
V14	11:05	11:15	11:18	11:26	11:35	11:43	11:52
PM Service — Servicio vespertino							
V14	12:05	12:15	12:18	12:26	12:35	12:43	12:52
V14	1:05	1:15	1:18	1:26	1:35	1:43	1:52
V14	2:05	2:15	2:18	2:26	2:35	2:43	2:52
V14	3:05	3:15	3:18	3:26	3:35	3:43	3:52
V14	4:05	4:15	4:18	4:26	4:35	4:43	4:52
V14	5:05	5:15	5:18	5:26	5:35	5:43	5:52
V14	6:05	6:15	6:18	6:26	6:35	6:43	6:52
V14	7:05	7:16	7:20	7:26	7:41	7:48	7:57
V14	8:05	8:16	8:20	8:26	8:41	8:48	8:57
V14/	9:05	9:14	9:17	9:23	-	-	-