

How to use this timetable

- Use the map to find the stops closest to where you will get on and off the bus.
- Select the schedule (Weekday, Saturday, Sunday) for when you will travel. Along the top of the schedule, find the stop at or nearest the point where you will get on the bus. Follow that column down to the time you want to leave.
- Use the same method to find the times the bus is scheduled to arrive at the stop where you will get off the bus.
- If the bus stop is not listed, use the time shown for the bus stop before it as the time to wait at the stop.
- The end-of-the-line or last stop is listed in ALL CAPS on the schedule.

Cómo Usar este Horario

- Use este mapa para localizar las paradas más cercanas a donde se subirá y bajará del autobús.
- Seleccione el horario (Entre semana, sábado, domingo) de cuando viajará. A lo largo de la parte superior del horario, localice la parada o el punto más cercano a la parada en la que se subirá al autobús. Siga esa columna hacia abajo hasta la hora en la que desee salir.
- Utilice el mismo método para localizar las horas en que el autobús está programado para llegar a la parada en donde desea bajarse del autobús.
- Si la parada del autobús no está listada use la hora que se muestra en la parada anterior como la hora de espera en la parada.
- El final de la ruta o la última parada del autobús aparece en letras MAYÚSCULAS en el horario.

English-Español

Effective 3-27-16

J7,9

I-270 Express

metrobus



Express Fare Charged on this Route

Serves these locations-
Brinda servicio a estas ubicaciones

- Lakeforest Transit Center
- Rt. 124 Park & Ride Lot (J9)
- National Institutes of Health
- Naval Medical Center
- Medical Center station
- Battery Lane (J9)
- Bethesda station



R3/1/13

www.wmata.com

Information Anytime 202-637-7000 TTY 202-962-2033



**Washington
Metropolitan Area
Transit Authority**

*A District of Columbia,
Maryland and Virginia
Transit Partnership*

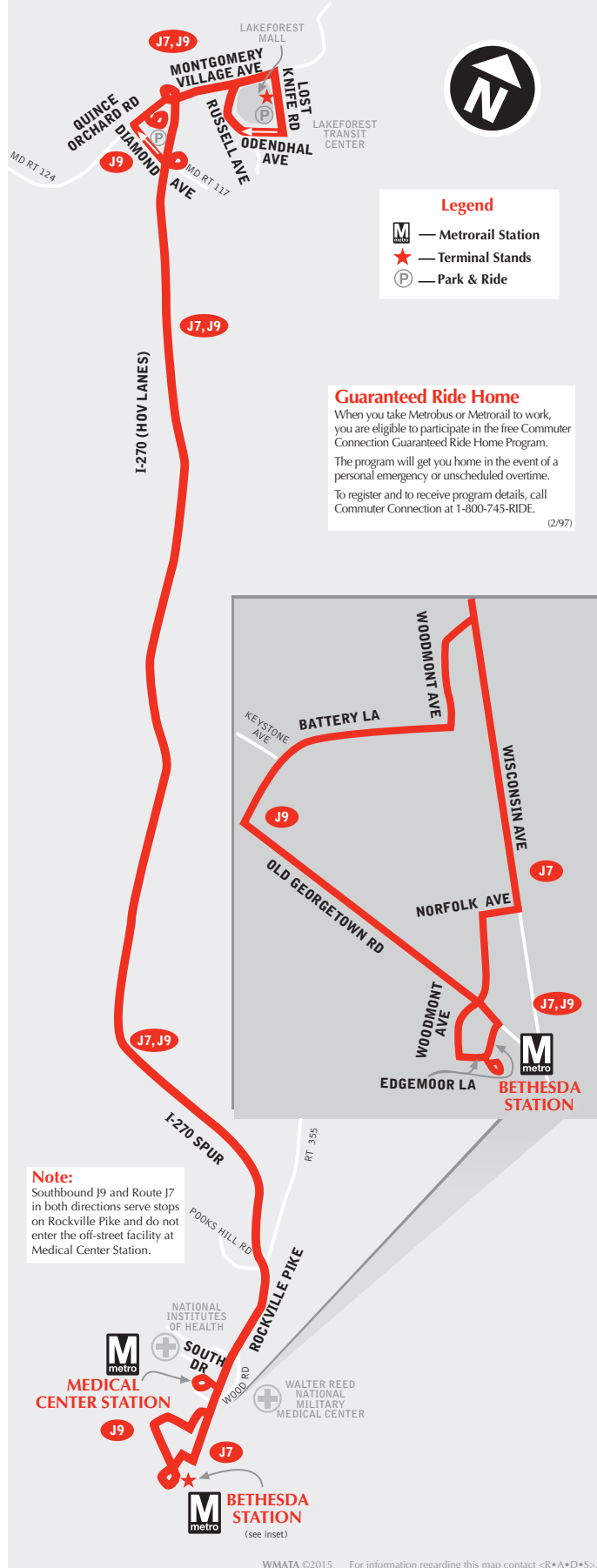
J7,9

I-270 Express Line

For route and schedule information

Call 202-637-7000

www.wmata.com



Legend

- Metro rail Station
- Terminal Stands
- Park & Ride

Guaranteed Ride Home
 When you take Metrobus or Metro rail to work, you are eligible to participate in the free Commuter Connection Guaranteed Ride Home Program. The program will get you home in the event of a personal emergency or unscheduled overtime. To register and to receive program details, call Commuter Connection at 1-800-745-RIDE.

Note:
 Southbound J9 and Route J7 in both directions serve stops on Rockville Pike and do not enter the off-street facility at Medical Center Station.

J7,9

I-270 Express

▶ Southbound to Bethesda station

Monday thru Friday —
Lunes a viernes
 (except holidays - ex cepto los días festivos)

Route Number	Lakeforest Transit Center	Rt. 124 Park & Ride	Rockville Pike & South Dr. (Medical Center)	Battery La. & Keystone Ave.	BETHESDA
AM Service — Servicio matutino					
J9	5:40	5:47	6:12	6:18	6:23
J9	6:05	6:12	6:37	6:43	6:48
J9	6:30	6:37	7:02	7:08	7:13
J9	6:55	7:02	7:27	7:33	7:38
J9	7:20	7:27	7:52	7:58	8:04
J9	7:45	7:52	8:17	8:23	8:29
J9	8:10	8:17	8:42	8:48	8:54
J9	8:35	8:42	9:07	9:13	9:19
PM Service — Servicio vespertino					
J7	4:18	-	4:44	-	4:49
J7	4:48	-	5:14	-	5:19
J7	5:18	-	5:44	-	5:49

On four Federal holidays, Columbus Day, Veterans' Day, Martin L. King Day, and Presidents' Day, Metrobus will run on a Saturday supplemental schedule. On these holidays, this route will have no service.

▶ Northbound to Lakeforest

Monday thru Friday —
Lunes a viernes
 (except holidays - ex cepto los días festivos)

Route Number	Bethesda	Battery La. & Keystone Ave.	Rockville Pike & Wood Rd.	Medical Center	Rt. 124 Park & Ride	LAKE-FOREST Transit Center
AM Service — Servicio matutino						
J7	6:30	-	6:37	-	-	6:56
J7	6:55	-	7:02	-	-	7:21
J7	7:20	-	7:27	-	-	7:46
J7	7:45	-	7:52	-	-	8:11
PM Service — Servicio vespertino						
J9	3:20	3:26	-	3:33	4:01	4:08
J9	3:50	3:56	-	4:03	4:31	4:38
J9	4:20	4:26	-	4:33	5:01	5:08
J9	4:50	4:56	-	5:02	5:35	5:42
J9	5:20	5:26	-	5:32	6:05	6:12
J9	5:50	5:56	-	6:02	6:35	6:42
J9	6:20	6:26	-	6:32	7:05	7:12

On four Federal holidays, Columbus Day, Veterans' Day, Martin L. King Day, and Presidents' Day, Metrobus will run on a Saturday supplemental schedule. On these holidays, this route will have no service.

BOARDING AND ALIGHTING RESTRICTIONS

Weekday mornings

J7 northbound –Local. Board and alight at all stops.
 J9 southbound – Board only at the Lakeforest Transit Center, at any stop on Montgomery Village Avenue, or at the Route 124 Park & Ride Lot. Board and alight at any stop between Rockville Pike & South Dr. (Medical Center Station) and Bethesda Station.

Weekday afternoons

J7 southbound –Local. Board and alight at all stops.
 J9 northbound – Board and alight at any stop between Bethesda Station and Medical Center Station. Alight only at the Route 124 Park & Ride Lot, at any stop on Montgomery Village Avenue, or at the Lakeforest Transit Center.